

Is My Child Too Sick for School? When to Stay Home

The list below gives school instructions not medical advice.
Please contact your health care provider with health concerns.



SYMPTOMS OF ILLNESS



THE STUDENT MAY RETURN AFTER...

(The list below indicates the shortest time to stay home. A student may need to stay home longer for some illnesses.)

Fever: temperature of 100.4°F or greater



Fever-free for 24 hours without taking fever-reducing medicine.

Respiratory Illness: New cough, sore throat OR difficulty breathing



Symptoms improving for 24 hours (no cough or cough is well controlled and breathing comfortably). Urgent medical care may be needed.

Headache, sore throat or ear pain: especially with a fever or swollen glands



Symptom-free OR with orders from doctor to school nurse. Follow fever instructions if fever is present. Urgent medical care may be needed.

Diarrhea: 2+ watery stools in 24 hours OR unable to control bowel movements



Symptom-free for 24 hours OR with orders from doctor to school nurse.

Vomiting: 2+ episodes in 24 hours that cannot be explained, OR any 1 episode if student is also feeling ill



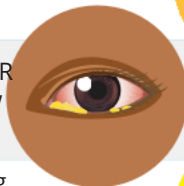
Symptom-free for 24 hours OR with orders from doctor to school nurse.

Skin rash or open sore: New body rash OR sore, especially with a fever or itching



Symptom-free, which means rash is gone or sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.

Eyes: new itching, redness OR drainage that is white, yellow or brown, sensitivity to light



Symptom-free, which means redness and discharge are gone OR with orders from doctor to school nurse.

Appearance/Behavior: Acting differently without reason, unusually tired, pale, lack of appetite, difficult to wake



Symptom-free, which means return to normal behavior OR with orders from doctor to school nurse.

Any illness or injury: lasting more than a week, especially if it included a medical provider's care, or restrictions at school



Symptom-free, which means return to normal behavior OR with orders from doctor to school nurse.

Major health event, any illness or injury lasting more than a few weeks, includes a hospital stay, or other health condition that may require more care than school staff typically provide



After the school has medical orders from doctor to school nurse **AND** after measures are in place for student's safety. Please work with the school staff to address special health care needs so the student may attend safely.